

## THE ECO-RESPONSIBLE TOURIST CHECKLIST

Discover how to become a committed eco-tourist while enjoying your stay more than ever!





I turn off the lights and the air conditioning or heating when I leave

ON THE MOVE



l opt for short showers: who can beat 5 minutes?



I sort my rubbish like a pro, a true recycling hero





I leave nature intact and respect the signposted paths



I leave no trace behind me (except souvenirs) and collect my rubbish



I serve myself carefully: it's better to take something extra than to waste it!



I admire nature without touching it: flowers and small animals prefer to stay at home





I choose handmade and local souvenirs... much nicer than those made elsewhere



I savour local specialities... it's good for the environment and even better for my taste buds



Less packaging and more style: I say yes to tote bags and no to plastic bags!